

## THE FENBEN CANCER PROTOCOL

### FENBEN

222mg-2000mg DAILY • START AT A LOWER DOSAGE AND WORK UP  
CHECK LIVER FUNCTION MONTHLY • SPLIT INTO 2 DAILY DOSAGES

### SUPPLEMENTS

#### IMPORTANT:

**MULTIVITAMIN:** Liposomal taken with FENBEN

**OMEGA 3 FATTY ACIDS:** 1000+mg taken with FENBEN

**TUDCA:** 500-2000mg taken with FENBEN

**MUSHROOMS:** 1000-2000mg-Choose 2 or more  
REISHI, AGARICUS, TURKEY TAIL, MAITAKE, HUAIER

#### OPTIONAL:

**ARTEMISININ:** 200+mg • **MELATONIN:** 60+mg

**CURCUMIN:** 600+mg • **CBD/THC:** 50+mg

**OLIVE EXTRACT:** 1000+mg • **PROTEOLYTIC ENZYMES:** 120,000+ spu

**PROBIOTICS:** 8billion+ cfu • **MAG-CLEANSE:** 1,000+mg

# **Fenben Cancer Protocol Information**

Fenbendazole – Cancer Support Group copyright 2021

The first Fenben protocol was developed by Steve Beddingfield in 2012. It was aimed at helping people heal from disease. It consisted of 3 basic steps: 1) “Get Things Moving” which meant to get your digestive system moving and ready to remove toxins by taking things like Magnesium Oxide, Castor oil etc. 2) Reishi Mushrooms and 3) Fenbendazole. Today, thousands of people follow or have followed Steve’s protocol with great success.

In 2017, Joe Tippens began his blog and his new Fenben Protocol for Cancer consisting of Fenbendazole, Curcumin and CBD oil. Today, Joe’s protocol is helping people worldwide in their struggle against Cancer.

Although these Fenben Protocols are both amazing and still very valid, we feel that additions can be made based on new clinical research and our findings within our groups.

We have included suggestions of brands, yet you can certainly choose a different brand with the same qualities.

## **FENBEN**

Fenbendazole is traditionally an anthelmintic that has been used safely for decades as an animal wormer. However, over the past 40 years, anthelmintics like Fenben have been studied for other potential uses by scientists looking for answers for disease treatment. Fenbendazole acts slightly differently than other anthelmintics in that it is much gentler on the system and is unlikely to cause resistance even over years of daily use.

### **How does Fenben work for Cancer?**

Fenbendazole fights cancer by halting the mitosis of cancer cells through multiple pathways.

- 1) It bonds to and disrupts the micro tubulin of abnormal cells.
- 2) It inhibits glucose delivery to cancer cells.
- 3) It reduces glucose uptake in cancer cells by down regulating GLUT transporters.
- 4) It acts as a kinase inhibitor and helps block the formation of new blood vessels necessary for tumors to survive.
- 5) It stimulates the P53 to suppress and fight tumors.

<https://www.nature.com/articles/s41598-018-30158-6>

## Dosage

We suggest starting at approximately 200-300 mg daily. It's important to take your Fenben with fat to help absorption unless you are using a water-soluble version. The only water-soluble version is Fenben Bio from Happy Healing, yet you can make Happy Healing Fenben Pure water soluble by adding a small amount of DMSO.

Water-soluble Fenben absorbs very fast and fat-soluble Fenben absorbs slowly. Fat-soluble Fenben needs to first go to the liver where it is slowly changed into water-soluble Fenben and then is absorbed systemically. Because of the potential benefits of both water-soluble and fat-soluble Fenben we suggest a combination of the two for continual absorption.

We also suggest taking your Fenben in divided dosages especially when using a water-soluble form.

While taking Fenben please have your liver function monitored. If your liver is fine and you are not experiencing overwhelmingly uncomfortable die-off symptoms, then we recommend that you start increasing your Fenben dosage incrementally every week.

There are not many side effects of fenbendazole, but one can experience die-off symptoms or a "Herxheimer reaction" as the body struggles to rid itself of toxins. The Herxheimer reaction is a short-term (from days to a few weeks) detoxification reaction in the body. As the body detoxifies, it is not uncommon to experience flu-like symptoms including headache, joint and muscle pain, body aches, sore throat, general malaise, sweating, chills, nausea, or other symptoms. This is a normal and even healthy reaction that indicates that pathogens are effectively being killed off.

It is very important in this stage to make sure you are resting, drinking enough fluids, and eliminating well.

We feel that an average of 1,000-2,000mg of Fenben is needed daily to make a huge difference in diseases like Cancer yet lower dosages will still help.

### **Fenben Brands:**

*Below we have broken down the price to what you pay per gram of fenbendazole.*

*The brands included are the only ones we have tested and met the standards for correct dosage as well as passed all tests for microbes, molds and heavy metals.*

**"Happy Healing Fenben Tablets 222mg" 90 tablets (19,980mg) for \$75 (\$3.75 per gram)**

**"Happy Healing Fenben Tablets 300mg" 90 tablets (27,000mg) for \$80 (\$2.96 per gram)**

**"Happy Healing Fenben Tablets 500mg" 90 tablets (45,000mg) for \$90 (\$2.00 per gram)**

**"Happy Healing Fenben Pure 50g" 225 servings (50,000mg) for \$75 (\$1.50 per gram)**

**"Happy Healing Fenben Bio Capsules" 30 servings (6,660mg) for \$75 (\$11.26 per gram)**

**"Panacur C Granules" 3 servings (666mg) for \$8.20 (\$12.31 per gram)**

**"Safeguard Granules" 9 servings (1,998mg) for \$26 (\$13.01 per gram)**

# SUPPLEMENTS

We strongly suggest that you take the first 2 supplements listed at the same time as your Fenben. Those are a Multivitamin and an Omega 3 Fatty Acid/Oil.

## MULTIVITAMIN: Take as directed on label

Divide the total daily recommended dosage of your Multivitamin and take it with your Fenben. Studies have shown that Fenben when combined with vitamins is more effective.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2687140/>

We like Liposomal Multivitamins as they will more easily penetrate cells.

### **Multivitamin Brands:**

**“Quicksilver Scientific Liposomal Ultra Vitamin Liquid”** *\$54 for 20 servings*

**“Core Liposomal Active Methylated B-Complex, Minerals, Antioxidants-Complete Multivitamin”**  
*\$42 for 30 servings*

## OMEGA 3: 1000+mg

Divide the total daily recommended dosage of your Omega 3s and take with your Fenben. Omega 3 polyunsaturated fatty acids are considered immunonutrients and are commonly used in nutritional therapy of cancer patients due to their ample biological effects. Research suggests that Omega 3 fatty acids can modulate pivotal pathways underlying complications in Cancer.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6566772/>

### **Omega 3 Brands:**

**“Dr. Tobias Omega 3 Fish Oil-Triple Strength”** *\$13 for 60 capsules*

**“Bio Schwartz Icelandic Ultra Pure Omega 3 Fish Oil”** *\$17 for 90 capsules*

## TUDCA: 500-2000mg

Tauroursodeoxycholic acid, or TUDCA, is a bile acid derivative that occurs naturally in the body. We only make small amounts of this health-giving compound in our body, but this bile salt influences many bodily functions, from the brain to the kidneys to eye health and more.

TUDCA is a new star in the functional medicine world, quickly advancing as a front-runner amongst supplements due to its many potential benefits, including brain health, liver health, mitochondria and cellular support, and more.

Bile Acids such as Tudca help us digest and absorb the fat-soluble vitamins and compounds such as vitamins A, D, E and K as well as Fenbendazole. Bile also breaks down foods, cholesterol, and can

destroy harmful bacteria. Bile helps the body eliminate waste, excrete cholesterol, and regulate metabolism.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4030606/>

<https://pubmed.ncbi.nlm.nih.gov/30378164/>

<https://pubmed.ncbi.nlm.nih.gov/31757001/>

**Tudca Brands:**

**“Maxlife Naturals Tudca 500mg”** *\$30 for 60 capsules*

**“Nutricost Tudca 500mg”** *\$32 for 30 capsules*

**“Double Wood Supplements Tudca 250mg”** *\$30 for 60 capsules*

**MUSHROOMS: 1000-2000mg**

We suggest that you choose at least 2 of these varieties of mushrooms. It is vitally important that you choose only organically grown mushrooms. All suggestions here are organically grown.

**Reishi Mushrooms**

The Reishi mushroom (*Ganoderma lucidum*) is one of the greatest substances known to mankind. This friendly fungi possess over 800 known active biomolecules. Reishi can be taken indefinitely and is known to support the immune system, healthy blood circulation, digestion, metabolism and detoxification of the liver and kidneys. Studies have indicated potential benefits in tumor reduction and lessening the side effects of chemotherapy.

<https://pubmed.ncbi.nlm.nih.gov/14713328/>

<https://pubmed.ncbi.nlm.nih.gov/18360695/>

For this supplement there are many great brands. Some are the traditional powdered reishi in capsules and the newest version is spore oil softgels. Reishi Spore Oil encapsulates 2 pounds of reishi in every single capsule.

**Reishi Brands:**

**“Happy Healing Reishi Spore Oil”** *\$85 for 60 capsules*

**“Ganoherb Reishi Mushroom Spore Oil”** *\$180 for 30 capsules*

**“Aloha Medicinals – Red Reishi Organic Mushrooms”** *\$25 for 90 capsules*

### **Agaricus Blazei Mushrooms**

Agaricus Blazei is an edible, medicinal mushroom originating from Brazil. It has been traditionally used for as a natural method of protection against and treatment for a wide range of maladies.

In clinical studies Agaricus Blazei has been proven to improve the quality of life in patients receiving high dose chemotherapy treatments and improve the outcome of those treatments. It also was shown to increase NK cell activity resulting in targeted cell apoptosis.

<https://pubmed.ncbi.nlm.nih.gov/18926679/>

#### **Agaricus Brands:**

**“Happy Healing Agaricus Blazei”** *\$30 for 90 capsules*

**“Aloha Medicinals Agaricus Blazei”** *\$50 for 180 capsules*

### **Turkey Tail Mushrooms**

Trametes versicolor (Turkey tail) mushrooms have been used to treat various maladies for hundreds of years in Asia, Europe, and by indigenous peoples in North America.

Today, clinical studies published report that turkey tail mushrooms can augment conventional therapies by increasing NK and CD8+T cell activity.

Additionally, Turkey tails have been found to excrete strong antiviral compounds, specifically active against oncoviruses (viruses that can lead to Cancer).

<https://pubmed.ncbi.nlm.nih.gov/22701186/>

<https://pubmed.ncbi.nlm.nih.gov/25271984/>

#### **Turkey Tail Brands:**

**“Happy Healing Turkey Tail”** *\$30 for 90 capsules*

**“Aloha Medicinals Turkey Tail”** *\$25 for 90 capsules*

### **Maitake Mushrooms**

Gifola Frondosa (Maitake) mushrooms have been used in traditional Chinese medicine many years mushrooms while recent study has shown its potential for immunomodulatory and antitumoral properties.

<https://pubmed.ncbi.nlm.nih.gov/10851301/>

<https://pubmed.ncbi.nlm.nih.gov/21480800/>

#### **Miatake Brands:**

**“Host Defense Maitake”** *\$50 for 60 capsules*

## **Huaier Mushrooms**

Tremetes Robinophila (Huaier) mushrooms have been used in traditional Chinese medicine for over 1,600 years. New research suggests that Huaier may be associated with various biological Cancer fighting activities, such as inhibition of cell proliferation, anti-metastasis, interference with tumor angiogenesis and tumor-specific immunomodulatory effect.

<https://pubmed.ncbi.nlm.nih.gov/25955759/>

<https://pubmed.ncbi.nlm.nih.gov/32596377/>

## **ARTEMISININ: 200+mg**

Artemisinin is the active constituent of the plant *Artemisia Annuua*. It is also known as sweet wormwood or Qinghaosu and has been used for centuries to remove toxins and parasites from the body.

In recent years, artemisinin has also been shown to possess selective anticancer properties, demonstrating cytotoxic effects against a wide range of Cancer types both in vitro and in vivo. These effects appear to be mediated by artemisinin-induced changes in multiple signaling pathways.

<https://pubmed.ncbi.nlm.nih.gov/28643446/>

We recommend a liposomal form of Artemisinin to increase absorption.

### **Artemisinin Brands:**

**“Happy Healing Liposomal Artemisinin”** \$70 for 90 servings/capsules

**“Healthy Drops Liposomal Artemisinin”** \$35 for 4oz or 24 servings/Tbps

## **MELATONIN: 60+mg**

Melatonin is a hormone naturally produced in the body that regulates circadian rhythms and healthy sleep patterns. While lower doses of melatonin are widely used to promote sleep, higher doses are being used in many exciting new ways. The decrease in levels of melatonin has been linked to age-related diseases such as dementia. Studies have found that high doses of Melatonin can disrupt the progression and metastasis phases of malignant cells and halt cell division in masses.

<https://pubmed.ncbi.nlm.nih.gov/15582288/>

<https://pubmed.ncbi.nlm.nih.gov/22753734/>

### **Melatonin Brands:**

**“Happy Healing HiDose Melatonin”** \$45 for 90 servings/capsules

**“Perfect Vitamin Products Melatonin Max”** \$33 for 60 servings/capsules

## **CURCUMIN: 600+mg**

Curcumin, a polyphenol extracted from *Curcuma longa*, has gained attention from scientists worldwide for its biological activities as a powerful antioxidant, anti-inflammatory, antimicrobial and antiviral. In studies, Curcumin has been shown to target the cell signaling pathways involved in Cancer development and proliferation. It has been found to modulate growth factors, enzymes, transcription factors, kinase, inflammatory cytokines, proapoptotic proteins (by upregulation) and antiapoptotic (by downregulation).

<https://pubmed.ncbi.nlm.nih.gov/31590362/>

### **Curcumin Brands:**

**“Happy Healing Liposomal Curcumin”** *\$60 for 90 capsules*

**“Ultra Botanica Onco Adjunct Pathway 2”** *\$54.50 for 60 capsules*

**“Integrative Therapeutics Bioavailable Curcumin”** *\$50 for 30 servings*

## **CBD/THC: 50+mg**

Over the past few decades, scientists have studied the cannabis plant and found great potential for the treatment of Cancer and disease. Cannabinoids display anticancer effects by suppressing the proliferation, migration and/or invasion of Cancer cells, as well as tumor angiogenesis. Along with cannabinoids, the cannabis plant contains several other compounds that have also been shown to exert anti-tumorigenic actions such as terpenes and flavonoids.

Cannabis and Hemp have a vast array of different cannabinoids with CBD and THC being just a few. Others include CBN, THCv, CBC, CBG, CBE, CBF, CBL, CBT, and CBR. We recommend a **Full Spectrum Oil** so you will get the maximum benefit from several of these cannabinoids. When shopping for a tincture, please know that HEMP oil = CBD oil for the most part. The differences usually have to do with the amount of Delta 9 THC in the product. Hemp oil contains less than 0.3% Delta 9 THC.

We recommend finding a **dark, rich oil that is full of terpenes and flavonoids**. These are what gives the cannabis plant its color, smell, and flavor. These compounds are equally important and highly processed, light oils don't usually contain them.

In the 2018 Farm Bill legislators limited the amount of Delta 9 THC that could be available legally to the USA but they didn't foresee the determination and ingenuity of cannabis fans who now have isolated strains of both Delta 8 THC and Delta 10 THC. These are (for the most part) are completely legal for now and available without a prescription. Please check your state or local laws. Please note that THC is not for everyone however CBD usually is. There are plenty of great full spectrum CBD/Hemp oils on the market with less than the legal limit of 0.3% of THC.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7693730/>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7409346/>



**Brands:**

**“Happy Healing Full Spectrum CBD/CBN/Delta 10 Oils”**

**2000mg CBD/full spectrum oil \$100 for 30ml**

**2300mg CBD/CBN full spectrum oil \$125 for 30ml**

**1:1 Delta 10/CBD full spectrum oil \$80 for 30ml**

**“Ultra Botanica Onco Adjunct Pathway 1” \$275 for 60ml**

### **OLIVE EXTRACT: 1000+mg**

Thomas Jefferson once said, “The olive tree is surely the richest gift of Heaven”. His prophetic wisdom is continually being proven today with multiple new discoveries unlocking the potential in this amazing tree. Extracts from the olive leaf and olive fruit such as Oleuropein and Hydroxytyrol have been shown to have a numerous health benefits, such as positive effects on blood pressure, blood sugar, lipid profiles, insulin sensitivity, bone health, immunity, and disease prevention.

Perhaps the most promising new discovery in relation to the olive tree is the power found in the waxy olive skin which contains a substance called terpenes (or terpenoids) which are what gives the plant it’s color, smell, and flavor. Terpenes are used by the plant to discourage predators and pathogens. They can be extracted and used for these same purposes in the human body.

Olive skin terpenes are now getting attention worldwide by medical researchers, scientists, and pharmaceutical companies for their potential use in Cancer and other diseases. The pentacyclic triterpenes of Oleanoic acid and Maslinic acid provide a significant natural defense against Cancer. In addition to their cancer-fighting power, these are potent anti-inflammatories, antioxidants, antimicrobials, anti-ulcer, anti-tumor, antiviral, anti-diabetic.

Maslinic acid specifically has been shown to have an anti-proliferative effect on lung cancer, colon cancer, ovarian cancer, gastric cancer, lymphatic, leukemia, breast cancer, pancreatic cancer, melanoma, prostate cancer, renal cell carcinoma, gallbladder cancer, and bladder cancer, among others. It preferentially targets malignant cancer cells while having low toxicity to non-malignant cells.

<https://pubmed.ncbi.nlm.nih.gov/23499989/>

<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0146178>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4600485/>

**Brands:**

**“Happy Healing Maslinic Acid Olive Extract”** Contains the most Maslinic Acid *\$70 for 90 capsules*

**“Pure Synergy SuperPure Olive Extract”** *\$32 for 60 capsules*

## **PROTEOLYTIC ENZYMES : 120,000 spu**

Proteolytic enzyme treatments were first used in Germany in the 1960s for inflammation, osteoarthritis, autoimmune diseases, and viral infections. These enzymes fall into the categories of Pancreatin, Papain, Bromelain, Trypsin, and Chymotrypsin. Serrapeptase is a proteolytic enzyme in the trypsin family that has been found especially useful in the fight against Cancer.

Proteolytic enzymes help break down proteins into smaller molecules. They can promote healing by reducing fluid and debris accumulation around cancerous tissue. They can break down and degrade the extracellular matrix that allows Cancer to spread thus limiting metastasis.

<https://pubmed.ncbi.nlm.nih.gov/25309062/>  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6829104/>

### **Brands:**

**“Enzymedica Enzyme Defense”** \$55.50 for 90 capsules

**“Designs for Health Natto-Serrazime”** \$65 for 120 capsules

## **PROBIOTICS: 8billion+ cfu**

The results of many *in vitro* studies have shown that probiotics have beneficial properties in regulating proliferation and apoptosis of Cancer cells.

Many pathogens are found in the gut and these “friendly” bacteria in help keep them in check. In an unhealthy gut, pathogens can escape and “translocate” into the rest of the body which then can lead to Cancer. Probiotics and their metabolites induce intestinal epithelial cells to produce antibacterial peptides which tighten the junctions in the gut where pathogens escape. In other words, probiotics can strengthen the gut lining so dangerous pathogens don’t escape.

<https://www.frontiersin.org/articles/10.3389/fonc.2021.638148/full>

### **Brands:**

**“Microbiome Labs Mega Spore Biotic”** \$58 for 60 capsules

**“Designs for Health ProbioSpore - Powerful Spore Based Probiotic, Soil-Based Probiotics”**  
\$66 for 60 capsules

**“Just Thrive Probiotic & Antioxidant 100% Spore-Based”** \$50 for 30 capsules

## **MAG DETOX / CLEANSE: 1,000+mg**

The health of your digestive tract is of paramount importance to your overall well-being. The average adult holds between 5 and 20 pounds of toxic waste trapped in their gut. These toxins can cause stress on the body and lead to a variety of health issues. If you already have health issues, your body will struggle to heal if it is constantly fighting pathogens found in this decaying matter.

Magnesium Cleanse products are a unique combination of ozonated magnesium and potassium. They release oxygen that travels through the digestive tract to support healthy gut flora, break down and removal old debris. Detox products help by cleansing out toxins and rejuvenating and restoring your digestive system to optimal health.

### **Brands:**

**"Happy Healing Detoxifi MagCleanse"** *\$30 for 90 capsules*

**"Nbpure Mag 07 Oxygen Digestive System Cleanser"** *\$40 for 180 capsules*

Products on this Protocol can be found online at:

<https://thehappyhealingstore.com>

<https://fenbeninc.com>

<https://ultrabotanica.com>

<https://www.amazon.com>