



## Introduction

Steve Beddingfield designed this protocol. The FIRM protocol helps people recover from almost any medical condition due to its ability to rid the body of harmful pathogens. It helps restore the body from Morgellons disease and many other diseases such as Lyme, autoimmune disorders, fungal and dermatologic conditions, even cancer.

Through Steves' guidance, we began using fenbendazole approximately 10 years ago. Steve was dramatically healed from thyroid cancer, Lyme disease and Morgellons disease. He then began a quest to assist others to heal and has been instrumental in helping thousands overcome many health issues. With his knowledge and education in science and microbiology, Steve continues to search for the underlying truth of the disease process.

If you are experiencing illness you will need to plan on staying on the protocol daily for 1-4 years. You will most likely begin to feel better along the way.

Eventually you will be able to lower your dosages and take 1-2 times per week instead of everyday day. Keep in mind that everyone is different. You may need to adjust the dosages in order to remain comfortable. Some people feel better immediately and other Herx (feel worse) for a period of time. If you are herxing badly you may need to cut your dosages down.

Additionally, we recommend that you get your liver function checked every 3 months while on the protocol. Request a CMP (Comprehensive Metabolic Panel) by your PCP (Primary Care Physician) or from your GP (General Practice doctor).

### **Medical Disclaimer**

We (the Administrators & Moderators of Morgellons Support Protocol, Morgellons Support Science along with the creator of the said groups, Steve Beddingfield) are not medical doctors. The opinions expressed in our websites & protocol reflect our personal experiences and ongoing investigations into functional (ie. reversible) conditions related to everyday health.

**If you are pregnant or nursing, please consult a healthcare professional before taking any medications and supplements**

**F** enbendazole  
**I** odine  
**R** eishi  
**M** agnesium

# Protocol

You can buy these products through The Happy Healing store or source and purchase them online



**Step 1**  
Magnesium



**Step 2**  
Fenben



**Step 3**  
Red Reishi



**Step 4**  
Lugols Triiodide 46%

**Step 1:** Get things moving with 3 or more good bowel movements per day

<https://www.thehappyhealingstore.com/products/mag-7>

1 to 4 capsules in the morning

**OR**

**OR**

<https://www.thehappyhealingstore.com/products/cleanse-more>

1 to 4 capsules in the morning

**Step 2:** Start with Fenben

<https://www.thehappyhealingstore.com/products/fenben-immune-support-1>

On the FIRM protocol we take fenben everyday. Take before bed - see dosing chart for more information

**Step 3:** Rev up your Immune System with Red Reishi

<https://www.thehappyhealingstore.com/collections/pets/products/reishi-spore-oil>

1 Capsule in morning

**Step 4:** Clean the body with Iodine/Iodide

<https://www.buyiodine.com/product-page/46-lugol-s-iodine-solution>

1 drop in cup of water in morning of 46% triiodide, drink half cup today rest tomorrow. Work up to drinking full cup per day - drink with some food

**While on FIRM Protocol taking the below will strip the Fenben out of your system - do not take internally**



- Zeolites
- Charcoal
- Ozonated water
- Bentonite clay
- Drinking ozonated water

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# Fenbendazole Dosing Charts

**Dosage:** START using **Table (A)** 5mg per kg of body weight or 2.3mg per lb of body weight  
 INCREASE over time using **Table (B)** = 10mg/kg or 4.6mg/lb

**When to take:** At night before bed with food or some oil so your body absorbs the fenben better

**For extra absorption:** Add a few drops of DMSO to your pill

**While on protocol:** We recommend you get your liver function checked every 3 months while on Protocol. Request a CMP (Comprehensive Metabolic Panel) by your PCP (Primary Care Physician) or GP (General practice Doctor)

<b>Table A</b>		Fenben mg daily dose		
Body weight in Kg's	Body Weight in Pounds	Fenbendazole required for your weight in mg's	Happy Healing 300mg pill	Happy healing pure fenben powder - add enough drops of DMSO to dissolve powder
5	11	25		25 mg
10	22	50		50 mg
15	33	75	1/4 a pill	75 mg
20	44	100		100 mg
25	55	125		125 mg
30	66	150	1/2 a pill	150 mg
35	77	175		175 mg
40	88	200		200 mg
45	99	225		225 mg
50	110	250		250 mg
55	121	275		275 mg
60	132	300	1 pill	300mg or 1/8th of teaspoon
65	143	325		325 mg
70	154	350		350 mg
75	165	375		375 mg
80	176	400		400 mg
85	187	425		425 mg
90	198	450		450 mg
95	209	475		475 mg
100	220	500		500 mg
105	231	525		525 mg
110	243	550		550 mg
115	254	575		575 mg
120	265	600	2 pills	600mg or 1/4 of a teaspoon
125	276	625		625 mg
130	287	650		650 mg
135	298	675		675 mg
140	309	700		700 mg
145	320	725		725 mg
150	331	750		750 mg

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<b>Table B</b>		Fenben mg daily dose		
Body weight in Kg's	Body Weight in Pounds	<b>INCREASE to (B) Fenbendazole required for your weight in mg's</b>	Happy Healing 300mg pill	Happy healing pure fenben powder - add enough drops of DMSO to dissolve powder
5	11	50		50 mg
10	22	100		100 mg
15	33	150	1/2 a pill	150 mg
20	44	200		200 mg
25	55	250		250 mg
30	66	300	1 pill	300 mg
35	77	350		350 mg
40	88	400		400 mg
45	99	450		450 mg
50	110	500		500 mg
55	121	550		550 mg
60	132	600	2 pills	600 mg or 1/4 of a teaspoon
65	143	650		650 mg
70	154	700		700 mg
75	165	750		750 mg
80	176	800		800 mg
85	187	850		850 mg
90	198	900		900 mg
95	209	950		950 mg
100	220	1000		1000 mg
105	231	1050		1050 mg
110	243	1100		1100 mg
115	254	1150		1150 mg
120	265	1200	4 pills	1200mg or 1/2 teaspoon
125	276	1250		1250 mg
130	287	1300		1300 mg
135	298	1350		1350 mg
140	309	1400		1400 mg
145	320	1450		1450 mg
150	331	1500		1500 mg

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# Current Basic Protocol Links

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<https://www.buyiodine.com/product-page/46-lugol-s-iodine-solution-5-10ml-58mg-i-drop>